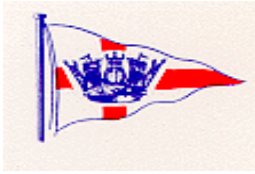


ROYAL NAVAL SAILING ASSOCIATION



2018 - 45th ANNUAL SINGLEHANDED RACE SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in the *ISAF 2017-2020 Racing Rules of Sailing*, and the rules of the Pacific Handicap Racing Fleet of British Columbia (PHRF), except as any of these are altered by the Notice of Race and/or these Sailing Instructions.
- 1.2 Boats must comply with ISAF Offshore Special Regulations governing Offshore Racing safety requirements as per NOR.
- 1.3 Autopilot and/or wind powered self-steering gear are allowed. This modifies rule 52.
- 1.4 Jacklines shall be installed on both sides as per PIYA regulations. Competitors must use approved harnesses during the race. Random inspections may be performed to ensure compliance.

2. NOTICES TO COMPETITORS and CHANGES TO SAILING INSTRUCTIONS

Notices and Changes will be posted on the FCYC website www.fcyc.com. If deemed necessary, changes to the Sailing Instructions will also be indicated by the Race Committee at the start line, by displaying Code flag "L", to come within hail for instructions prior to the first (warning) signal.

3. SIGNALS MADE ASHORE

There will be no signals made ashore.

4. SCHEDULE OF RACES

Race 1: Saturday, June 2nd, 2018 : first start 0930 hours.

Race 2: Sunday, June 3rd, 2018 : first start 0930 hours

-The scheduled time of the first warning signal for the first start each day is 0925

-Boats must check in with the Race Committee prior to the first warning signal of each race by radio on Ch. 68 or by hailing the RC boat at the start line.

5. THE COURSES

The courses to be sailed are as follows:

-Race 1 will start at the Point Grey Bell Buoy, proceed to Cape Roger Curtis turn mark (leaving the mark to port), and continue to the finish line at Snake Island.

-Race 2 will start at Snake Island, proceed to the Traffic Separation Buoy QA (leaving the mark to port), and continue to the finish line at the Point Grey Bell Buoy.

6.0 MARKS

-The red Point Grey Bell Buoy is located at 49° 17' 20" N – 123° 15' 59" W

-The Cape Roger Curtis Mark is a large yellow tetrahedron inflatable buoy and will be located at approximately 200 yards South of Cape Roger Curtis at the SW point of Bowen Island. Actual location may vary somewhat depending on weather conditions and water depth. Leave the mark to Port.

In the event the turn buoy is found not to be on location as stated above, the Race Committee Boat will endeavour to be on station and float a yellow buoy as the turn mark. Leave the RC Boat and any yellow floating buoy to Port.

If no mark nor RC boat is on site, hold your course in a NW direction and turn when the Cape Roger Curtis light is abeam.

-The red Snake Island Bell Buoy is located at 49° 12' 29.4" N – 123° 53' 7.9" W

-The yellow QA Vancouver Approach Cautionary Light Buoy is located at 49° 16' 34" N - 123° 19' 18" W

7.0 THE START

Races will be started by using ISAFRRS Rule 26 with the warning signal given five (5) minutes before the starting signal.

For Race 1, the Start Line will be between an orange flag or shape displayed on the Race Committee boat on the port end, and the Point Grey Bell Buoy on the starboard end.

For Race 2, the Start Line will be between an orange flag or shape displayed on the Race Committee boat on the port end, and the Snake Island Bell Buoy on the starboard end.

Boats whose warning signal has not been made shall keep clear of the starting area. The starting area is 100 meters from the starting line in any direction.

Starting signals shall be as follows:

SIGNAL	FLAG	SOUND	MINUTES BEFORE START
Warning	Division Pennant UP	1 sound	5:00
Preparatory	"P" Flag UP	1 sound	4:00
One-Minute	"P" Flag DOWN	1 sound	1:00
Start	Division Pennant DOWN	1 sound	0:00

Note: times shall be taken from the visual signals. Failure of a sound signal shall be disregarded.

Boats that have registered in the NFS Division shall start in the appropriate division according to their PHRF Rating.

Divisions are scheduled to start in the following order:

First start:	Division 3	Rating 176 to 275	(Yellow ribbon or No.3 pennant)
Second start:	Division 2	Rating 116 to 175	(Green ribbon or No.2 pennant)
Third start:	Division 1	Rating <=115	(Red ribbon or No.1 pennant)
Fourth start:	Division 0 (zero) - Multihulls		(No.0 pennant)

A boat starting later than 30 minutes after her starting signal will risk being scored DNS, unless the boat has advised the Race Committee of the reasons for her delay in starting, and the Race Committee has agreed to allow such boat to proceed.

8. RECALLS

Recalls shall be signalled in accordance with Rule 29.

Failure by the Race Committee to hail or establish radio communications with OCS boat(s) does not relieve OCS boat(s) from complying with Rule 29.

If the RC signals a general recall for a division, that division shall re-commence the starting sequence after all other divisions have started.

9. THE FINISH

-For Race 1, the Finish Line will be between an orange flag or shape displayed on the Race Committee boat at the starboard end, and the Snake Island Bell Buoy at the port end.

-For Race 2, the Finish Line will be between an orange flag or shape displayed on the Race Committee boat at the starboard end, and the Point Grey Bell Buoy at the port end.

10. TIME LIMITS

The time limit for Race 1 will be 1800 hours.

The time limit for Race 2 will be 1700 hours.

-For both races - if the first boat in the fleet finishes within 30 minutes of the time limit, then the time limit for all boats in all divisions will be extended by 30 minutes.

-The Race Committee will broadcast on Ch.68 if no boat in the fleet has finished by 30 minutes prior to the time limit. If any boat finishes prior to the 30 minutes before the time limit, there will be no broadcast and no time extension.

-The RC will broadcast again when the first boat in the fleet finishes within the 30 minutes prior to the time limit, which will trigger the 30 minutes extension.

-For Race 1 - all boats that do not finish within the time limit, or the time limit plus 30 minutes if applicable, shall be given a finish score of DNF. This changes Rule 35.

-A boat that retires from the race shall notify the Race Committee immediately on VHF Ch.68, or contact the Steveston Lifeboat on VHF Ch.16. Alternatively contact the PRO by cell phone 604 671 0606.

11. PROTESTS

- Protests shall be written on forms available at any yacht club or from the Race Committee, and lodged with the Club Race Officer touws@telus.net or the Race Committee within the allotted Protest Time, which ends at 2000 on Saturday for Race 1, and at 2200 hours on Sunday for Race 2.

- The Protest Committee will hear protests as soon as practicable. Involved boats and witnesses will be notified of the time and location of the protest hearing at least two days in advance of the hearing.