



false creek yacht club

and the DISABLED SAILING ASSOCIATION OF BC (DSA)

INTEGRATION REGATTA – 16 July 2017

SAILING INSTRUCTIONS

1. Rules

- 1.1.1. The Regatta will be governed by the ISAFRRS for 2016 – 2020, and the prescriptions of the CYA, except as any of these are altered by these Sailing Instructions.

2. Eligibility

- 2.1.1. Only Martin16 sailboats, provided by DSA, may be entered in the regatta by completing the prescribed registration and waiver form with the DSA or FCYC.

3. Notice To Competitors

3.1. Notices to competitors may be posted on the FCYC website www.fcyc.com under 'racing' and 'race program', or announced at the DSA Jericho facility on the day of sailing.

3.2 Changes to the Sailing Instructions may be posted on the website www.fcyc.com, or the Race Committee may notify racers immediately prior to ramp downloading, or on the water by displaying Code flag "L" (come within hail), prior to displaying the first Warning Signal.

3. Schedule of Races

- 3.1. Ramp Downloading will commence at 1230 hours.
- 3.2. The scheduled time of the Warning Signal for the first race is 1255 hours. First start may be earlier if all boats are on the water and have checked in, or postponed in the event of delayed ramp downloading.
- 3.3. Starting time(s) for additional race(s) will be depend on completion of the first race.
- 3.4. No races will be started after 1530 hours

4. The Course

- 4.1. The course location will be in the vicinity of Jericho Sailing Club. The course will be a Windward-Leeward course, sailing one-and-a-half-time around, leaving the marks to Port, i.e. Start Line to WW – WW to LW – LW to Orange Start Pin – Orange Start Pin to LW – LW to Finish Line.
- 4.2. The WW mark will be an inflatable upright orange mark.
- 4.3. The LW mark will be an inflatable upright yellow mark.

5. The Start

- 5.1. The start line will be between an orange flag or shape on the race committee boat at the starboard end, and a nearby floating orange mark (flag) on the port end.

- 5.2. Races will be started according to ISAFRRS Rule 26. The Class flag shall be a RED flag. Times shall be taken from the visual signals. The failure of a sound signal shall be disregarded.

<u>SIGNAL</u>	<u>FLAG</u>	<u>SOUND</u>	<u>MINUTES BEFORE START</u>
Warning	Red Flag Up	1 sound	5:00
Preparatory	"P" Flag Up	1 sound	4:00
One-Minute	"P" Flag removed	1 sound	1:00
Start	Red Flag removed	1 sound	0:00

6. Check-in Before the Start

- 6.1. Boats must check in with the Race Committee prior to the first warning signal of the first race by hailing the Race Committee boat at the start line.

7. Recalls

- 7.1. The Race Committee will endeavour to announce sail numbers and/or names of boats recalled for OCS by hailing and/or on VHF Ch.68. Racers are requested to keep their radios on stand-by on Ch.68 at all times.

8. The Finish

- 8.1. The Finish Line (same position as Start Line) will be between an orange flag or shape on the Race Committee boat, and a nearby orange flag or shape in the water.

9. Time Limit

- 10.1 The time limit for each race is 30 minutes
10.2 Boats failing to finish within 10 minutes after the first boat sails the course and finishes, will be scored DNF (this changes rules 35).

10. Protests

- 11.1 Protests shall be written on forms available at the Jericho DSA facility, and delivered to the FCYC Race Director within the protest time, which will be no later than 60 minutes after completion of the last race of the day.
11.2 The protest committee will hear protests as soon as possible and will make best efforts to notify the parties as to the time and place of the hearing as per Rule 63.2
11.3 A boat intending to protest must hail her intentions to the Race Committee on the RC boat after finishing her race, indicating the name or number of the boat she intends to protest.

11. Scoring

- 12.1.1 Individual boats will be scored using the Low Point System, ISAFRRS App. A., i.e. each boat finishing a race shall be scored points equal to her finishing place. All other boats shall be scored points equal to the number of boats entitled to race. One (1) throw-out is allowed if four (4) races are sailed. Boats that are DSQ will be scored one more point than the number of boats in the race. No boat will be DNC.
12.1.2 Individual ties will be broken in accordance with Appendix A8
12.1.3 Team scores will be determined by simple addition of individual boats' scores, based on the Low Point System
12.1.4 If the final standings result in a team tie, the tie will be broken in accordance with appendix A8, except each team's race scores shall be listed in order of best to worst.